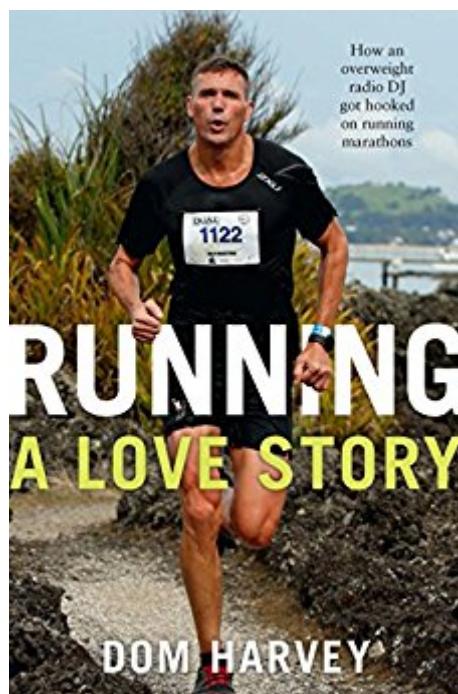


The book was found

Running: A Love Story: How An Overweight Radio DJ Got Hooked On Running Marathons



Synopsis

Dom Harvey is a hugely popular radio DJ on top-rating station The Edge. He's known for his funny gags, and has been described as a shock-jock. So it might come as a surprise to find out that Dom is also seriously into running-marathon running. In fact, he loves it. This book is a love story about running, and about marathons especially. What got Dom into marathons? How did running save his life? And why, despite being an old fart, is he now trying to run even faster than ever before? Dom is just a regular guy who drank too much alcohol and ate too much shitty food, then fell in love with running and turned his life around (and became a bit of a running nerd along the way).

Book Information

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Customer Reviews

Loved this book, it was the perfect balance of entertainment and useful nerdy running info!

Loved this story. Took me back to my Harrier club days too.

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